

AMENDMENTS TO THE SPECIFICATION

It is acknowledged that the ABSTRACT was not objected to by the examiner.

AMENDMENTS TO THE CLAIMS

This listing will replace all prior versions, and listings, of claims in the application.

LISTING OF CLAIMS

Claim 1 (currently amended): A method for preparing a consumable nutritional mineral supplement composition comprising the steps of:

- a) providing uncontaminated plant material;
- b) oxidizing by burning said uncontaminated plant material down to an ash form;
- c) reacting said ash form of said uncontaminated plant material with organic acids, resulting in a reacted form of plant ash in solid form, solution form, or suspension form;
- d) isolating said reacted form of plant ash in solid form, solution form, or suspension form; and
- e) processing said isolated reacted form of plant ash for the purpose of making a consumable nutritional mineral supplement composition, including the steps of homogenization, pasteurization, sterilization, grinding and powdering.